

Crossroads Care Rotherham Newsletter

June 2023

Successful Events

The Music Night at The Brew Inn, Rawmarsh

Saturday 13th of May was a brilliant success we raised an amazing total of **£661.71**. Helen and all the staff at "Something Brew inn" have been amazing and very supportive to Crossroads Care. Huge thanks to Ian Davis for the fantastic Live music on the night.

A good friend and supporter of "The something Brew Inn" Paul Waterhouse will be running the Aintree half marathon on the **23rd July 2023**.

If you wish to sponsor Paul and help him achieve his target for Crossroads Care please visit our Just Giving page and donate however small or big

www.justgiving.com/page/paul-waterhouse

The Warm Welcome Grant

Crossroads care was successfully awarded a grant from VAR to provide a Warm space to Carers, which allowed our Carers to go the Riverside pub for dinner completely free of charge, additional activities took place at our weekly Carers group with performances from Lost Chord. During this week over 80 Carers were supported.

Mental Health Awareness Week and Dementia Action Week 15th May 2023

After a successful week of celebrating, we had a catalogue of events that took place including group walk, an egg and spoon race and a quiz for all staff to compete to win a Spa day, the week focused on supporting both clients carers and staff focusing on reducing anxiety. Wellness packs were given out to our clients containing; a positive message, a calming Pukka tea bag, a biscuit and helpful information and support.

Recent Donations

We are truly grateful to Nicola Tilson and all staff at Nationwide for raising **£125.00** from the book sale in branch and donating the funds to support unpaid carers living in Rotherham!

Thank you to the **West Riding Masonic Charity** for your kind donation of **£5,000** which has enabled Crossroads Care to purchase equipment for our carers group and new day care facility which will be launched later in the year.

On behalf of our Board
and
CEO Kate Davis

**Thank you again
for all your support.**



Upcoming Events

Carers Week

Carers week will take place during **5-11th June 2023**, Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support. During this week we will be promoting our services and offering support to carers in Rotherham with a schedule of events, including a drop in service for carers at The Corner (based in Rotherham Town Centre).

National Volunteers Week June 2023

Volunteers' Week is an annual event which sees charities, voluntary groups, social organisations, and volunteers themselves come together to recognise the incredible impact that volunteering has in Rotherham.

Crossroads Care Rotherham's annual celebrations will recognise and reward the work and efforts of all of our volunteers from the Befriending Service, Groups, Admin Support and The Corner.

This Year we will be having an Afternoon tea on **Monday 5th June**, quiz, and certificate presentation to celebrate all of our volunteers dedication and commitment.

On **Tuesday 20th June from 1:00pm** join us at The Minster and join the walk through the Town centre, this event is to say thank you to all Volunteers in Rotherham, all volunteers welcome!

The Rotherham Show

This year's Rotherham Show will take place on **Saturday 2 and Sunday 3rd September 2023**, as we do every year Crossroads Care will have a presence with our welcoming stall, providing information and support to carers and a tombola.

*Donations are always needed, so please if you have any unwanted gifts donate to a great cause.

The Charity Ball

The Charity Ball at Aston Hall, Sheffield on **Saturday 14th October** is fast approaching and there is only a handful of tables left, tickets are £50pp or £450 for a table of 10. This includes a three course meal and live entertainment.

Call our office on 01709 360272 to book your place.

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Our Groups

Bereavement Group

Crossroads Care Rotherham are pleased to offer another supportive group to the people that really need it. The bereavement group so far has been very well attended.

What is the purpose of the group?

The group is aimed at unpaid carers who live in Rotherham. Sharing experiences allows (ex) carers to give each other support, and to exchange practical information and ways of coping. It also allows (ex) carers to understand themselves better through the insights of others. Often when the caring role comes to an end, there is a need for continued support as (ex) carers often feel depressed, anxious, physically and emotionally exhausted when the person they care for goes into fulltime care or reaches end of life.

We really understand how difficult this may be for them.

If you feel you would benefit from the bereavement group please call- (01709 360272)

Carers Information & Support Service

As always, our core purpose is to support local carers and cared for people.

The Carers Information and Support Service is a short term intervention and support for unpaid carers, providing information, signposting and practical support with the aim to build carers' resilience.

How do I access the service?

- Website- www.crossroadsrotherham.co.uk
- Telephone -01709 360 272
- Email - info@crossroadsrotherham.co.uk

We can help you to access:

- Information about being a carer
- Access to training
- Crossroads Carer Support and Activity Groups
- Assistance with claiming or reviewing benefit entitlements via signposting.
- Referrals to other services



www.carersuk.org



CQC rating



Carers Trust Survey

We want to understand unpaid carers' experiences of support. We will use the findings of the survey to raise the voices of unpaid carers as publicly as possible and influence the Government to make positive changes.

Taking the survey is easy and should take 15-20 minutes to complete.

Answering the survey will mean unpaid carers have a chance to win a £45 Love2Shop voucher – An email will be requested in order to enter.

<https://www.smartsurvey.co.uk/s/EXHEFN/>

Urgent Plea!

Unwanted gifts and donations

Do you have any unwanted gifts that we could use for our tombola at the Rotherham show or any unwanted raffle prizes? or could you sponsor our upcoming Charity Ball? It would be greatly appreciated .

If so please call our office on 01709 360272

Recruitment

Flexible hours and competitive pay, care work available in your locality.

100% of employees would recommend Crossroads Care Rotherham as an employer.

Please call a member of our team on 01709 360 272 for an application form or go to our website www.crossroadsrotherham.co.uk



www.rotherham.gov.uk/carers/advice-carers/1



www.beaconsoy.org.uk



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