

Crossroads Care Rotherham Newsletter

September 2023

Successful Events

Firstly we want to share an AMAZING success story with you all, you will see in the photo (right) Carer Shirley and her son Daniel.

Shirley cares for Daniel who has complex needs and turned to Crossroads Care for help.

Thanks to the Carers Trust Grant which Crossroads information service supported the carer to receive, Shirley was able to take Daniel to the Berlin Special Olympics World Summer Games.

Not only did Daniel get to go, he won two bronze medals and one silver!

As a carer Shirley was so grateful and could not have attended without Crossroads Care help & support.

As a carer, you may be entitled to a Carers Trust Grant. For further information visit our website-

www.crossroadscarerotherham.co.uk

A huge thank you to **Paul Waterhouse**, who raised a whopping £2,325 for Crossroads Care by running the Aintree half marathon on the 23rd July.

Annual Summer Trip Monday 14th August 2023

Once again a coach full of our lovely clients and carers embarked on a trip to Bridlington, although the weather was not on our side, great fun was had. Some of our clients enjoyed going into charity shop's, bingo, fish and chips on the sea front, one client even went on a speed boat!

Fantastic News

After a week of external auditing from PAMMS (Council quality and compliance audit) we have maintained our EXCELLENT rating. Well done to all our staff and volunteers for working so hard enabling us to achieve the rating once again!

Upcoming Events

The Charity Ball

The Charity Ball at Aston Hall, **Sheffield on Saturday 14th October** is fast approaching and there is only a handful of tables left, tickets are £50pp or £450 for a table of 10. This includes a three course meal and live entertainment.

Raffle tickets for the Ball can be purchased £1 a ticket for a chance to win some great prizes including an iPhone 14, a night at Aston Hall, afternoon tea at The Bothy Wentworth garden centre a weekend away at the Lake District and much more.

Call our office on 01709 360272 to book your place or buy some raffle tickets.

If you know of any businesses that would like to donate a raffle prize please get in touch.

The Rotherham Show

As always Crossroads Care will have a stall at the annual show, so if you are visiting please be sure to find our stall and come and have a go on the tombola, some great prizes to be won. All money raised will go back into the local community supporting unpaid carers.

Rotherham Show, Clifton Park, Saturday 2nd and Sunday 3rd September 2023.



Shirley and Daniel, Berlin Special Olympics



Paul Waterhouse, Aintree Half Marathon

Coming Soon- Crossroads Care Day Centre

In our continual commitment to support carers living in Rotherham, we are opening a day centre! Official opening date to be confirmed.

Specifically aimed at carers of people with Dementia, your cared for person can come and spend the day participating in socially stimulating activities with our qualified staff, enjoy a hot meal and make new friends. Prices range from £42.50 for half a day to £67.50 for a full day, both sessions include a hot meal.

Sessions are:

AM - 10 - 1 (including hot meal)

PM - 12 - 3 (including hot meal)

ALL DAY - 10 - 3 (including hot meal)

The day centre will be run on a Tuesday at our Head Office (Unit H, The Point, Bradmarsh business park< Rotherham, S60 1BP)

For more information or to reserve your place, please contact our office on 01709 360272 and speak to a member of our team.

*Transport is not included.

*A deposit required to secure your place

*Full payment required 14 days in advance of session

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New Carers Navigation Service

Due to a successful application from the National Lottery Community Fund we are now able to offer carers additional groups across the Borough. The new service will deliver individual information and support through a dedicated care navigator. We provide emotional support, a listening ear and assistance to navigate what can be a complex health and social care system.

The service also offers access to peer-led carers support groups and signposting to voluntary and statutory services in addition to other Crossroads Care provisions.

The service is a short term intervention offering practical and emotional support which will build resilience in a caring role.

Location	Date	Time
Kiveton Park Old Colliery Offices	1st Tuesday of every month	2-4pm
Kimberworth Park The Chislett Centre	4th Friday of each month	1.30-3.30pm
Central Unit H, The Point	1st,2nd,3rd Wed of each month	2-4pm

More Groups will be added soon

Groups are peer-led, run by volunteers under supervision of a qualified co-ordinator and may sometimes be at capacity, therefore it is important to book your place in advance.

Bereavement Group

Crossroads Care Rotherham are pleased to offer another supportive group to the people that really need it. The bereavement group so far has been very well attended.

What is the purpose of the group?

The group is aimed at unpaid carers who live in Rotherham. Sharing experiences allows (ex) carers to give each other support, and to exchange practical information and ways of coping. It also allows (ex) carers to understand themselves better through the insights of others. Often, when the caring role comes to an end, there is a need for continued support as (ex) carers can feel depressed, anxious, physically and emotionally exhausted when the person they care for goes into fulltime care or reaches end of life.

We really understand how difficult this may be for them.

If you feel you would benefit from the bereavement group please call- (01709 360272)

Keeping In Mind Project

Crossroads Care will be working in partnership with Age UK Doncaster from October 2023 to provide sixteen carers groups within four areas of Doncaster. More information about the new project will unfold in the near future.

Recruitment

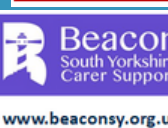
Flexible hours and competitive pay, care work available in your locality.

100% of employees would recommend Crossroads Care Rotherham as an employer.

Please call a member of our team on - 01709 360 272 for an application form or go to our website www.crossroadsrotherham.co.uk



www.carersuk.org



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